

Name: \_\_\_\_\_ Date due: September 14, 2010

### Competency Goal I

Functional Area 2: Healthy: Candidate promotes good health and nutrition and provides an environment that contributes to the prevention of illness.

When the CDA Credential candidate is observed the candidate's skill this is one of the Competency Goal I Functional Area 2 performance areas.

2.1 General hygiene practices are consistently implemented to cut down on the spread of infectious disease.

2.2 Health maintenance habits in children are encouraged.

We have talked about hygiene practices mentioned in the Texas Childcare Licensing Minimum standards that address good hygiene practices.

Write down 4 ways you encourage children to develop good health and nutrition habits so that they can stay healthy.